

Sleep N Rilzam

Product Overview

Product Name	Sleep N Rilzam
Product Image	 <i>* The image on the left is a hypothetical English-translated version of the original Korean image on the right.</i>
Product Concept	Sleep Support Supplement (Health-Functional Food by MFDS, Korea)
Company	Green Store Co., Ltd.
Distribution Channel	Official GREEN STORE Online Mall and Pharmacy Distributor * GREEN STORE is the leading health functional food company in Korea's pharmacy channel
Key Ingredient	BENESOMNO ^R (300 mg)
Form	Pill format designed for convenient intake even after brushing your teeth
Key Features	• Compact mini size for easy portability (3 x 3 x 5.3 cm, W x D x H) • Packaged in a probiotic-grade container for enhanced quality protection • No residual sensation left in the mouth after intake

Additional Images

Point 01

국내 최초 · 유일* 라임 껍질 유래 기능성 원료
 100% 과일에서 추출한 수면 건강 최신 원료
 장기간 섭취에도 안전한 라임과피추출물
 *2025.09 기준

Point 02

**기능성 원료인 라임과피추출물의
인체적용시험결과
총 수면시간 증가, 입면시간 감소 개선 확인***

성인 남녀 80명 대상, 라임과피추출물 300mg/일
 2주간, 무작위배정, 이중맹검, 평행설계 대조군 비교
 *라임과피추출물에 대한 실험
 *인체시험결과가 모든 사람에게 동일하게 적용되는 것은 아님
 (출처) Phytomedicine (2025), 139, 156510.

Point 03

한 손에 쏙! 초소형 패키지
 5cm 미니사이즈 용기로 휴대성 UP
 낮선 출장, 여행지에서도 지키는 꿀잠 루틴

Point 04

꼼꼼하게 고른 원료 배합
 에너지 생성에 필요한 나이아신, 단백질 및 아미노산 이용에
 필요한 비타민B6, 항산화에 필요한 셀레늄까지 꼼꼼하게

Point 01

**Korea's First · EU* Lime Peel
Sleep Health Functional Ingredient**
 100% extracted from limes for the latest
 sleep health support
 Safe lime peel extract for long-term use
 *As of September 2025

Point 02

**Clinical Results of Lime Peel Extract
on the Human Body
Increase in Total Sleep Time
and Reduction in Wake Time***

Study subjects: 80 healthy adults (men and women)
 Dose: 300 mg/day of lime peel extract
 Duration: 2 weeks, Randomized, Double-blind,
 Placebo-controlled, Parallel-group Study
 *Tested on lime peel extract
 *Results may not apply to everyone.
 (Source) Phytomedicine (2025), 139, 156510.

Point 03

Perfectly Portable! Mini-Sized Package
 5 cm mini-sized sachet for easy portability
 Enjoy anytime, anywhere

Point 04

Carefully Selected Ingredients
 A carefully selected formula with niacin,
 high-quality protein and amino acids,
 vitamin B6, and selenium—essential nutrients
 for energy production and antioxidant support

POINT 03

개운한 아침의 시작

꿀잠엔, 수면엔 릴잠™

매일 안심하고 섭취하세요!

1일 1정, 물과 함께 섭취

저녁식사 이후 잠들기 전

GREEN STORE
수면엔 릴잠™
 라임과피추출물
 (제2025-26호)
 셀레늄, 나이아신,
 아연, 비타민B6
 (건강기능식품)
 7g (500mg x 14정)

POINT 03

Start Your Morning Refreshed

Sleep N Rilzam™

Rest easy every day!

**1 tablet a day
with water**

**Take before bed
after dinner**

GREEN STORE
Sleep N Rilzam™
 Lime Peel Extract
 (MPDS Recognition
 No. 2025-26)
 Selenium, Niacin,
 Zinc, Vitamin B6
 (DIETARY SUPPLEMENT)
 7 g (500 mg x 14 tablets)

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